



Irving Recreation Center Camp Character Newsletter

Summer 2011

Week 3 (June 13—June 17)

IMPORTANT REMINDERS:

- Our camp rule is “Be a kid of character.”
- Pack a sack lunch for your child. Microwave use will not be an option.
- Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.
- Leave valuables at home (including money, portable video games, etc.)
- Label your sunscreen with your camper’s name.
- Do not hesitate to ask when you have questions or comments.



Helpfulness Week

This week our character trait that we will be focusing on is helpfulness. We will be doing activities and reading stories that relate to being helpful.

THIS WEEK’S HIGHLIGHTS

Monday

In the morning we will have our tennis lesson. From 11:30-1:00 we will go swimming at Irvingdale Pool. Please bring your swimsuit, towel, and sunscreen. In the afternoon we will play active games.

Tuesday

In the morning we will have our tennis lesson and play active games. In the afternoon we will be doing space-themed activities. We will also do clubs in the afternoon.

Wednesday

In the morning we will be going to the Mueller Planetarium and Morrill Hall. We will leave the center at 8:50 and arrive back at 11:45. In the afternoon we will be playing active games.

Thursday

In the morning we will be playing active games. We will also be walking to South Branch Library at 10:00 and arrive back to the center at 11:30. Your camper may check out books if they bring a library card with them. In the afternoon we will be doing disc golf, fitness centers, and watching a movie.

Friday

In the morning we will be playing active games. From 11:30-1:00 we will go swimming at Irvingdale Pool. Please bring your swimsuit, towel, and sunscreen. In the afternoon we will be doing centers.

Fitness Focus: Cardiovascular Endurance

EMAIL NEWS

Don't miss a newsletter and have other important weekly information delivered directly to your inbox! Update your email address with the rec. center office to make sure you stay current on all there is to know about Summer Day Camp at Irving Recreation Center.